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ABOUT



Etiquette Education is a highly-valued skill, and I have helped thousands of adults and youth hone that skill.

My first foray into Etiquette Education took place during college as I was working towards my degree in Recreation. During my Internship at South Seas Plantation on Captiva Island, Florida, I developed a program that I called “Manners Madness” for the recreation department - this was the first opportunity for me to see the little light bulbs going off.

As youth coordinator and cruise director for cruise ships for more than 10 years, I was placed in many formal environments with Captains, passengers, and other dignitaries where protocol and formalities were of utmost importance.

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who taught me so much about the history and the why behind the rules of etiquette. Ray and I hosted fun and entertaining programs for passengers called, "Table Manners and Party How To's."

Since 2001, my husband Ricardo and I have been privileged to work with thousands of business professionals, adults, and students. We specialize in teaching manners, etiquette, and social skills with a fun, fresh and modern approach.

Providing this service is not only our job, it is our passion!

About Carey Sue

The Ponca City, Oklahoma native has provided etiquette and communications training for businesses, attorneys, doctors and organizations around the world – literally. For ten years, Carey Sue honed her teaching and manner skills with an international audience as Cruise Director for the Norwegian Cruise Line.

Vega has been featured in numerous radio and television shows and magazine articles, sharing her etiquette expertise. But don't expect this Miss Manners to be stuffy and uptight; Carey Sue is a "regular person" who has simply learned to use professionalism to her advantage. "Etiquette is not about being hoity-toity with your pinky in the air," says Vega. "No matter what situation you are in, having good conversational and social skills helps you feel comfortable and helps the people around you feel comfortable."

She is married to her cruise line sweetheart, Ricardo Vega. After years at sea, the two decided in 2000 to drop anchor in Oklahoma City, where Carey Sue

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and athletes.

Please call 405-721-1467 or email CareySue@ExpeditionsInEtiquette.com to discuss a customized training program for you, or your team, in business etiquette and professionalism - or to book her as a keynote speaker for your event.

CLICK HERE to learn more about the 'what' and 'why' behind Expeditions In Etiquette