

## **HR 5673-102: LPC Clinical Supervision**

### **Course Description:**

Students will become familiar with the Oklahoma LPC Supervision Requirements and major models of clinical supervision by being able to understand and identify the responsibilities and roles of the supervisor and supervisee; by understanding the potential legal and ethical challenges of supervision; and by understanding how to prevent and manage burnout by using self-care.

### **Class Dates, Location and Hours:**

Dates: September 8-10 & 15-17, 2017  
Location: OCCE, Norman, Oklahoma. Classes are held at the Thurman White Forum Building of OCCE, 1704 Asp Avenue.  
Hours: Friday 5:30-9:30 p.m.; Saturday 8:30 a.m.-4:30 p.m.; Sunday 1:00-5:00 p.m.  
Last day to enroll or drop without penalty: August 10, 2017

### **Site Director:**

Email: [apnorman@ou.edu](mailto:apnorman@ou.edu). Phone: 405-325-3333.

### **Professor Contact Information:**

Course Professor: Anita Walker, LPC-LMFT  
Mailing Address: 4108 N.W. 145  
Oklahoma City, Oklahoma 73134  
Telephone Number: (405) 760-4052  
Email Address: [awalker103@cox.net](mailto:awalker103@cox.net)  
Professor availability: The professor will be available via email to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.

### **Textbook(s) and Instructional Materials:**

Student materials are available at the OU Follett Bookstore located at 1185 Asp Avenue; Norman, OK, and can be ordered online, by phone, by email, or by fax. Ordering online at <http://www.bkstr.com/oklahomastore/home> is strongly recommended – students can track the status of their order within 48 hours. If an order has not been shipped within three days, students can contact the Follett textbook manager by phone (405) 325-3511, (800) 522-0772 (toll-free) or email [0831mgr@fheg.follett.com](mailto:0831mgr@fheg.follett.com). Phone orders (ask for the textbook manager and identify yourself as an Advanced Programs student) can be placed 8 a.m. to 6 p.m. Monday through Thursday; 8 a.m. to 5 p.m. on Friday; 10 a.m. to 4p.m. on Saturday (CST). Summer hours: 9 a.m. to 5 p.m. Monday through Friday (CST). Fax orders can be placed 24 hours a day at (405) 325-7770. Text prices are available online.

Corey, G., Haynes, R.H., Moulton, P., & Muratori, M. (2010). *Clinical supervision in the helping professions: A Practical guide* (2<sup>nd</sup> ed.) Alexandria, VA: American Counseling Association. ISBN 9781556203039.

Note: Follett is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through Follett.

### **Recommended Texts (Not provided by Advanced Programs):**

1. Cal D. Stoltenberg, PhD, University of Oklahoma Faculty, IDM Supervision: An Integrative Developmental Model.

2. Borders, L.D. (1992) Learning to think like a supervisor. *The Clinical Supervisor*, 10(2) 135-148.
3. Borders, L.D. (1991) A systematic approach to peer group supervision. *Journal of Counseling & Development*. 69-, 248-252.
4. Watkins, C.E. (1993) Development of the psychotherapy supervisor: Concepts, assumptions, and hypotheses of the supervisor complexity model. *American Journal of Psychotherapy*, 47. (1) 58-74.
5. Documenting Psychotherapy, (Essentials for Mental Health Practitioners). Mary E. Moline, George T. Williams and Kenneth M. Austin. 1998.
6. *Becoming A Helper*, Second Edition, Marianne Schneider Corey, Gerlad Corey, 1992.

### **Additional Resources:**

American Counseling Association (1995) Code of ethics and standards of practice, Alexandria, VA

### **Websites**

- LPC Website (Eric Ashmore, Executive Director): <https://www.ok.gov/behavioralhealth/>
- Oklahoma Counseling Association: <http://oklahomacounseling.org/>
- American Counseling Association: <http://www.counseling.org/>
- Oklahoma Psychological Association: <http://okpsych.org/sites/okpsych/>
- American Mental Health Counseling Association <http://www.amhca.org/home>

### **Course Objectives:**

- Explore models and approaches to counseling supervision.
- Develop Clinical competencies in counselor supervision.
- Understand legal and ethical concerns relevant to counselor supervision, and demonstrate appropriate sensitivity to these concerns. Be familiar with the Oklahoma LPC Rules and Regulations, and LPC Approved Clinical Supervisor requirements.
- Help to develop self-awareness.

### **Course Outline:**

- A. Introduction to Clinical Supervision
  - a. Context and Importance of Supervision
  - b. Clinical Supervision in the Preparation of Mental Health Counselors
  - c. Definition of Supervision
- B. Evaluation Issues in Supervision
  - a. Criteria for Evaluation
  - b. Favorable Conditions for Evaluation
  - c. Impairment and Incompetence
  - d. The Process of Evaluation
  - e. Consequences of Evaluation

### **Assignments, Grading and Due Dates:**

There will be four assignments in this course, one of which will serve as the final exam. Please see the table below for assignments and due dates. Feel free to turn in any assignment early. Late assignments will be deducted 10 points for each day it is late and assignments will not be accepted after one week past due date.

**Summary of Chapters:**

The first assignment is to write a paragraph on each chapter of the assigned book on supervision by Gerald Corey.

**Supervision Contract:**

The second assignment is to complete a supervision contract/agreement that you use in the future. The contract will include our philosophy of supervision, goals and expectations. This should be 2-3 pages in length.

**Case Study:**

The third assignment is to complete a case study about a client from an actual experience or fiction. You can explain how you might address a particular experience. Utilize the LPC Rules and Regulations and/or ACA Ethical Guidelines by citing specific ethical codes. This should be 3-4 pages in length.

**Supervision Questions:**

The final assignment is to have 3 questions about supervision that you want to discuss in class. These questions must be typed and ready to hand in on the last day of class.

**Extra Credit:**

Complete a supervision session with a practicum and/ or Internship student and videotape the session. Have your supervisee complete the Supervisory Satisfaction Questionnaire. These tapes can be viewed in class or privately. Please remember to ask the client for Informed Consent to tape and show in class or to the instructor.

**Grading:**

This is a letter-graded course: A, B, C, D, or F. Final Course grades are based on cumulative total course points. Final grades are based on percentage of points earned: 90-100= A-80-89=B, 70-79=C.

Assignment	Due Date	Points
Summary of Chapters	September 8, 2017	100
Supervision Contract	September 10, 2017	100
Case Study	September 15, 2017	100
Supervision Questions	September 16, 2017	100
Extra Credit	Arranged	100

**Notice:** Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

## **POLICIES AND NOTICES**

### **Attendance/Grade Policy**

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution's policy regarding "I" (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any "I" (Incomplete) grades by the end of the term or he/she may be placed on "financial aid probation." If the "I" grade is not resolved/completed by the end of the following term, the student's Financial Aid may be suspended making the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

### **Academic Integrity and Student Conduct**

Academic integrity means honesty and responsibility in scholarship. Academic assignments exist to help students learn; grades exist to show how fully this goal is attained. Therefore, all work and all grades should result from the student's own understanding and effort.

Academic misconduct is any act which improperly affects the evaluation of a student's academic performance or achievement. Misconduct occurs when the student either knows or reasonably should know that the act constitutes misconduct. Academic misconduct includes: cheating and using unauthorized materials on examinations and other assignments; improper collaboration, submitting the same assignment for different classes (self-plagiarism); fabrication, forgery, alteration of documents, lying, etc...in order to obtain an academic advantage; assisting others in academic misconduct; attempting to commit academic misconduct; destruction of property, hacking, etc...; intimidation and interference with integrity process; and plagiarism. All students should review the Student's Guide to Academic Integrity at [http://integrity.ou.edu/students\\_guide.html](http://integrity.ou.edu/students_guide.html)

Students and faculty each have responsibility for maintaining an appropriate learning environment. All students should review policies regarding student conduct at <http://studentconduct.ou.edu/>

### **Accommodation Statement**

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

### **Adjustment for Pregnancy/Childbirth-Related Issues**

Should you need modifications or adjustments to your course requirements because of documented pregnancy-related or childbirth-related issues, please contact me as soon as possible to discuss. Generally, modifications will be made where medically necessary and similar in scope to accommodations based on temporary disability. Please see <http://www.ou.edu/content/eoo/faqs/pregnancy-faqs.html>.

## **Title IX Resources**

For any concerns regarding gender-based discrimination, sexual harassment, sexual misconduct, stalking, or intimate partner violence, the University offers a variety of resources, including advocates on-call 24/7, counseling services, mutual no-contact orders, scheduling adjustments, and disciplinary sanctions against the perpetrator. Please contact the Sexual Misconduct Office at [smo@ou.edu](mailto:smo@ou.edu) or (405) 325-2215 (8-5), or the Sexual Assault Response Team at (405) 615 -0013 (24/7) to report an incident. To learn more about Title IX, please visit the Institutional Equity Office's website at <http://www.ou.edu/content/eoo.html>

## **Course Policies**

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: <http://www.goou.ou.edu/>

## **INSTRUCTOR VITA**

**Anita Sue Walker**

### **Education**

- Bachelor's degree – University of Oklahoma
- Master's Degree – University of Central Oklahoma

### **Current Positions**

- Faculty Appointment for Oklahoma University Health Science Center
- Director of Guidance and Counseling for the Oklahoma City Public Schools
- Supervisor LPC and LMFT

### **Frequently Taught Advanced Programs Courses**

HR 5673 LPC Clinical Supervision

### **Representative Honors and Awards Received**

Counselor of the Year - Oklahoma Counseling Association

### **Major Professional Affiliations**

- Past Executive Director for Oklahoma Counseling Association and Oklahoma Mental Health Counseling Association
- Governing Council for the American Counseling Association with 56,000 Members
- Member of the State Board of License Professional Counselors (LPC)