

Lisa Millington

Lisa Millington leads the University of Oklahoma's Wellness team as chief wellness officer and also serves as special assistant to the Vice President for Administration and Finance. She is a certified yoga instructor, certified personal trainer and certified wellness coach. Her personal interests include physical fitness and nutrition.

Millington previously served OU as legal counsel and equal opportunity officer at OU and acting municipal judge for the City of Norman. She holds a bachelor's degree in business administration and a juris doctorate, both from OU.