



EXTENDED CAMPUS

COLLEGE of PROFESSIONAL
and CONTINUING STUDIES

HR 5413-220: Chemical Dependency

Course Description:

This is a practice course that deals with the pharmacology and dynamics of chemical dependency, including alcohol and other substances of abuse. Treatment guidelines, as well as social and workplace issues, are explored. In order to increase understanding of the bio-psycho-social model of addiction, attention is given to the various drugs of abuse and the physical, psychological, and social effects/consequences of abuse. Assessment and intervention strategies will be discussed. Treatment ideas and models from psychoanalytic; family systems; behavioral conditioning; cognitive; motivational; and socio-cultural learning theories will be studied. Focus will be placed upon issues of practical concern to the human relations professional in various settings. The course format will include lecture, class discussions, brief educational film clips, oral presentations (singularly or in a panel), and work on a group project.

Class Dates, Location and Hours:

Dates: September 24 – 29, 2019
Location: Caserma Ederle, Army Education Center Building 126, Viale della Pace 193, 36100
Vicenza, Italy
Hours: Tuesday – Friday: 4:00 pm – 9:30 pm; Saturday & Sunday: 8:30 am – 4:30 pm
Last day to enroll or drop without penalty: August 26, 2019

Site Director:

Email autumn.l.paul-1@ou.edu; Phone – DSN: 627 8141 CIV: 0444 61 8141 Cell: +39 346 635 5626

Professor Contact Information:

Course Professor: Tim Davidson, Ph.D.
Mailing Address: Department of Human Relations
University of Oklahoma
PHSC, Room 728
Norman, OK 73019
Telephone Number: (405) 325-1756
E-mail Address: timdavidson@ou.edu
Professor availability: The professor will be available via email to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.

Textbook(s) and Instructional Materials:

Student materials are available at the OU Bookstore Website at <https://ou.textbookx.com/institutional/index.php>. There is no longer a physical bookstore, the store will remain, but textbooks will not be stocked. The website has book selling, renting, buying, returning, and order tracking capabilities. If you need help with an order, or if you have any questions contact the toll-free phone at 1-(855)-790-6637, agents are available from 9a – 5p (EST) Monday – Friday. For more information or questions about textbooks, feel free to contact apsyllabi@ou.edu. Text prices are available online

1. Dennis L. Thombs and Cynthia J. Osborn. (2019). *Introduction to Addictive Behaviors*. 5th Edition. New York: Guilford Press. ISBN: 9781462539222
2. Other readings available posted on the OU Canvas learning management system: Access Canvas at <https://canvas.ou.edu>, enter your OU NetID and password, and select course to access material. If you require assistance with Canvas, please click on the Help icon. You can search the Canvas guides, chat with Canvas support, or contact OU IT.
 - a. Selected chapters: James Inciardi & Karen McElrath, Editors. (2015). *The American Drug Scene: Readings in a Global Context*. 7th Edition. New York: Oxford University Press. ISBN: 978-0-19-936208-0
 - b. *Drugs of Abuse: A DEA Resource Guide*. Downloaded on Canvas or available at www.dea.gov
 - c. *Drugs, Brains, and Behavior: The Science of Addiction*. Downloaded on Canvas or available through the National Institute of Drug Abuse at www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/drugs-brain

Writing Style and Scholarly Effort:

All of your written work for this course should be carefully edited before submission. Your papers should be well organized, free of grammatical errors, thoughtful and give evidence of scholarly work. If you cite other writers, APA style should be used in the citations and reference list (including citing your texts, if used). Your papers should have a cover sheet. Papers should be submitted on Canvas under the module "Assignments". If, for some reason (e.g. late papers or technical difficulties), Canvas is not available for depositing your paper, please send it to the instructor's e-mail: timdavidsob@ou.edu

Assignments, Grading and Due Dates:

Readings:

Read the assigned text and the other readings and instructional materials prior to the first class.

Paper # 1:

A paper is due on the first day of class (typed, double-spaced, referenced, APA style, approximately five pages long) based upon your research, experience and/or opinions concerning human relations issues and chemical dependency. This paper is an opportunity to be creative, controversial, philosophical and/or exploratory in matters related to theory, policy and practice. You may choose a topic of personal interest and application from a broad range of possibilities. Examples of topics include:

- An evaluation/ critique of Alcoholics Anonymous or similar self-help programs
- "Abstinence" v "controlled drinking" as a guideline for treatment
- Fetal alcohol syndrome and fetal alcohol effects
- The medical and recreational marijuana debate (e.g. relating to legal and social policies, health and safety)
- Trends or new developments in substance abuse (e.g. kinds of drugs being used; designer drugs; changing social patterns and perspectives, etc.)
- Review of medical treatment for opioid addiction
- The efficacy of different treatment modalities (e.g. the value of intensive inpatient treatment v long-term group homes; or the value of group treatment v individual therapies; or the value in combining mental health and physical health treatment in addiction, etc).
- Description of the recovery process and relapse prevention techniques from a counseling perspective
- Homelessness and addiction
- Professionals and addiction
- Special populations and addiction (e.g. the mentally ill, the physically disabled, etc.)
- Domestic violence and chemical dependency
- Diversity issues in addiction (specific to, e.g., race, gender, ethnicity, age, rural and urban populations, ableism, economic conditions, gender, gender identity, sexual orientation)
- An international perspective on addiction

- An evaluation of the impact of alcohol and drug abuse on organizations and industry
- The role of supervisors, healthcare providers and human resource personnel, and employee assistance programs in managing addiction in the workplace
- Critique of healthcare policy and addiction
- Philosophical issues related to addiction and drug use (e.g. the value of spirituality in recovery; issues of personal responsibility in addiction; issues in crime and addiction; an analysis of pleasure relating to drug and alcohol use; the social role of faith communities regarding drug and alcohol use; libertarian values and drug policy; the process of painful dying and drug use, etc.)
- Gambling, pornography, and internet addiction (compared to other substance abuse addictions)

If a student wishes to select another topic not related to this list of possibilities, prior approval should be received through the professor (via e-mail: timdavidson@ou.edu) with sufficient time for response (at least two weeks) before the beginning of class. In addition to the **written paper**, key findings of your paper should be condensed to a **5-7 minute oral presentation** to the rest of the class, featuring highlights in your research. The paper is due on the first day of class and the oral presentation of your ideas and research will be scheduled in class and delivered during the week.

Group Project:

For a group project, the class will be divided into small groups and will apply one of the theoretical models from Thombs' book to a hypothetical case study on addiction. The setting for the case study may be in a workplace environment or a counseling environment. The small group may present the information in any preferred, creative manner, but should convey, at least, the following information:

- a. Clinical information about the employee or client (demographics, presenting problems, etc.);
- b. Construction of the case history which shows the evolution of the addiction from the point of view of the theoretical model;
- c. Imaginary dialogues between a human relations professional and the employee or client on key themes of treatment (preferably in the form of a live role play); and
- d. Identification of the major objectives of the intervention and/or treatment plan based on the theoretical material presented in the text.

Group members and presentation times will be set at the beginning of class. Time will be provided in class to prepare for the group presentation and to consult with the professor on content and related issues.

Class Participation:

This course interweaves objective information on drugs of abuse with theoretical orientations to assessment and intervention, but the overall content of the course is geared toward developing the abilities of human relation professionals to work effectively with the chemically dependent. Class participation is essential to achieve a broad-based working knowledge of the material covered in class, and therefore a portion of the student's grade will be determined by active involvement in the class discussions.

Paper #2:

A paper with three (3) sections is required, based upon the selected readings from *The American Drug Scene: Readings in a Global Context* and any other sources you decide to use to make your case. The paper is due one week after the final class. Submit papers on Canvas, under the "Assignments" module.

In Section One, you should summarize and list 5 important ideas or findings from each of the 5 selected chapters from the assigned text (25 ideas overall). The length of this section will vary but does not need to be long; each of the points can be stated, briefly, in a few sentences.

In Section Two, first, compare the health risks of at least four (4) different drugs of abuse (e.g. alcohol, tranquilizers, cigarettes, and marijuana) and then second, state your position on how, or if, society should regulate these drugs.

In Section Three, pretend that you are a court judge setting the terms of punishment and/or treatment for, first, an 18-year-old prostitute who is addicted to alcohol and crack cocaine with a prior history of thefts; and, second, her 30-year-old pimp who was caught with amphetamines in his possession and a prior history of assaults. Have a policy debate with yourself. Weigh the issues of what is best for the

individuals in question and for society in general, in the so-called “war on drugs”.

Your paper should be approximately 7-10 pages in length. Follow APA style in citing the chapters and any other references you choose to use.

Grading:

This is a letter-graded course: A, B, C, D, or F.

Assignment	Due Date	Percent of Grade
Paper #1	September 24, 2019	30
Group Project	During class sessions	20
Participation	During class sessions	20
Paper #2	October 13, 2019	30

Notice: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution's policy regarding "I" (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any "I" (Incomplete) grades by the end of the term or he/she may be placed on "financial aid probation." If the "I" grade is not resolved/completed by the end of the following term, the student's Financial Aid may be suspended making the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Integrity and Student Conduct

Academic integrity means honesty and responsibility in scholarship. Academic assignments exist to help students learn; grades exist to show how fully this goal is attained. Therefore all work and all grades should result from the student's own understanding and effort.

Academic misconduct is any act which improperly affects the evaluation of a student's academic performance or achievement. Misconduct occurs when the student either knows or reasonably should know that the act constitutes misconduct. Academic misconduct includes: cheating and using unauthorized materials on examinations and other assignments; improper collaboration, submitting the same assignment for different classes (self-plagiarism); fabrication, forgery, alteration of documents, lying, etc...in order to obtain an academic advantage; assisting others in academic misconduct; attempting to commit academic misconduct; destruction of property, hacking, etc...; intimidation and interference with integrity process; and plagiarism. All students should review the Student's Guide to Academic Integrity at http://integrity.ou.edu/students_guide.html

Students and faculty each have responsibility for maintaining an appropriate learning environment. All students should review policies regarding student conduct at <http://studentconduct.ou.edu/>

Accommodation Statement

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

Adjustment for Pregnancy/Childbirth-Related Issues

Should you need modifications or adjustments to your course requirements because of documented pregnancy-related or childbirth-related issues, please contact me as soon as possible to discuss. Generally, modifications will be made where medically necessary and similar in scope to accommodations based on temporary disability. Please see <http://www.ou.edu/content/eoo/faqs/pregnancy-faqs.html>.

Title IX Resources

For any concerns regarding gender-based discrimination, sexual harassment, sexual misconduct, stalking, or intimate partner violence, the University offers a variety of resources, including advocates on-call 24/7, counseling services, mutual no-contact orders, scheduling adjustments, and disciplinary sanctions against the perpetrator. Please contact the Sexual Misconduct Office at smo@ou.edu or (405) 325-2215 (8-5), or the Sexual Assault Response Team at (405) 615 -0013 (24/7) to report an incident. To learn more about Title IX, please visit the Institutional Equity Office's website at <http://www.ou.edu/content/eoo.html>

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: <http://www.goou.ou.edu/>

INSTRUCTOR VITA

Tim Davidson, Ph.D.

Education

1982 University of Edinburgh, Scotland, Interdisciplinary Studies in Clinical and Counseling Psychology, Existential and Phenomenological Philosophy and Theology

Current Positions

- Graduate Liaison of Human Relations, University of Oklahoma, Norman, OK
- Advanced Programs Professor since 1997
- Associate Professor of Human Relations, University of Oklahoma, Norman, OK

Frequently Taught Advanced Programs Courses

- HR 5003 Theoretical Foundations
- HR 5100 Assessment and Evaluation
- HR 5413 Chemical Dependency
- HR 5463 Counseling Skills

Major Areas of Teaching and Research Interest

- Clinical Practice
- Race Relations
- Ethics

Representative Publications and Presentations

- Davidson, T. & Davidson, J.R. (1995). Cost-containment, computers and confidentiality. *Clinical and Social Work Journal*, 23(4), 453-464.
- Davidson, J.R. & Davidson, T. (1996). Confidentiality and managed care: Ethical and legal concerns. *Health & Social Work*, 21(3), 208-215.
- Davidson, T. (2000). Economic determinants and managed behavioral healthcare. *Free Inquiry in Creative Sociology*, 28(2), 55-62.
- Davidson, J.R., Davidson, T. & Crain, J. (2001). White skin and sheepskins: Challenging the status quo in the education of helping professionals. *The Journal of Intergroup Relations*, 27(4), 3-15.
- Davidson, T. (Spring/Fall 2006). Ricoeur's phenomenology of the ego: A clinical emphasis. *Journal of French Philosophy* (16) 1,2, 82-92.
- Davidson, T. (2014). STRENGTH: A system of integration of solution-oriented and strength-based principles. *Journal of Mental Health Counseling*, 36(1), 1-17.

Major Professional Affiliations

- Texas State Licensed Professional Counselors (1983-94)
- Texas State Licensed Marriage and Family Therapists (1992-94)