

HR 5153-103: Human Emotions

Course Description:

The purpose of this course will be to review some philosophical constructs and current neuroscience research related to human emotions; assumptions about the expression of emotions and its function in cognitions and communications and to begin the process of calibration of self as a human relations professional. The class will employ both didactic and experiential approaches.

Class Dates, Location and Hours:

Dates: October 27-29 & November 3-5, 2017
Location: OCCE, Norman, Oklahoma. Classes are held at the Thurman White Forum Building of OCCE, 1704 Asp Avenue.
Hours: Friday 5:30-9:30 p.m.; Saturday 8:30 a.m.-4:30 p.m.; Sunday 1:00-5:00 p.m.
Last day to enroll or drop without penalty: September 28, 2017

Site Director:

Email: apnorman@ou.edu. Phone: 405-325-3333.

Professor Contact Information:

Course Professor: Jolene Ring
Mailing Address: 2505 Halifax Way
Norman, OK 73069
Telephone Number: 405-522-7446 office; 405-329-4698 home
E-mail Address: jerdok@aol.com
Professor availability: The professor will be available via e-mail to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.

Textbook(s) and Instructional Materials:

Student materials are available at the OU Follett Bookstore located at 1185 Asp Avenue; Norman, OK, and can be ordered online, by phone, by email, or by fax. Ordering online at <http://www.bkstr.com/oklahomastore/home> is strongly recommended – students can track the status of their order within 48 hours. If an order has not been shipped within three days, students can contact the Follett textbook manager by phone (405) 325-3511, (800) 522-0772 (toll-free) or email 0831mgr@fheg.follett.com. Phone orders (ask for the textbook manager and identify yourself as an Advanced Programs student) can be placed 8 a.m. to 6 p.m. Monday through Thursday; 8 a.m. to 5 p.m. on Friday; 10 a.m. to 4 p.m. on Saturday (CST). Summer hours: 9 a.m. to 5 p.m. Monday through Friday (CST). Fax orders can be placed 24 hours a day at (405) 325-7770. Text prices are available online.

Oatley, K., Keltner, J.M. & Jenkins, J.M. (2013). *Understanding emotions* (3rd ed.) New York: John Wiley & Sons. ISBN 9781118147436.

Note: Follett is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through Follett.

Course Objectives:

This course is designed to:

- provide a broad interdisciplinary overview of human emotions
- increase understanding of emotions and their functions cognitively as well as socially

- increase understanding of the emotional networks in the brain
- increase understanding of social construction in emotions
- improve your functioning as a human relations professional through integration of this information in interactions

Assignments, Grading and Due Dates:

Reading and Participation:

Read the text *Understanding Emotions* prior to the first day of class and be prepared to participate in class discussions regarding the text materials.

Research Paper:

The student is to contact the professor by e-mail at jerdok@aol.com no later than one week prior to class to have an emotion assigned and then write a 5-8 page paper about that emotion. The research in the paper should cover several aspects of information regarding the emotion and include at least 3 references **other** than the textbook. **Due the 1st day of class.**

Class Presentation:

Prepare a 10-15 minute class presentation of your emotions research paper.

Emotion & Technology Paper:

Research and write a 3-5 page paper that briefly describes some of the current developments in fusing emotions and technology. **Due the 3rd day of class.**

Class Project:

In small groups, the students will discuss several examples either from their life experiences, experiences of someone else or from a movie, in which the emotional expression determined the trajectory of events. At least one of the examples will incorporate information from their papers on fusing emotions and technology. The examples will be presented and discussed with the entire class.

Final exam:

The final exam will be completed in class on the last day of class. The professor will give additional information regarding the final during a class session prior to the final. **Last day of class, November 5, 2017.**

Grading:

This is a letter-graded course: A, B, C, D, or F.

Assignment	Due Date	Percent of Grade
Research paper	First day of class	40%
Class Presentation	During class sessions	20%
Emotion & Technology Paper	Third day of class	10%
Class Project	During class sessions	15%
Final Exam	Last class session	15%

Notice: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution's policy regarding "I" (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any "I" (Incomplete) grades by the end of the term or he/she may be placed on "financial aid probation." If the "I" grade is not resolved/completed by the end of the following term, the student's Financial Aid may be suspended making the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Integrity and Student Conduct

Academic integrity means honesty and responsibility in scholarship. Academic assignments exist to help students learn; grades exist to show how fully this goal is attained. Therefore all work and all grades should result from the student's own understanding and effort.

Academic misconduct is any act which improperly affects the evaluation of a student's academic performance or achievement. Misconduct occurs when the student either knows or reasonably should know that the act constitutes misconduct. Academic misconduct includes: cheating and using unauthorized materials on examinations and other assignments; improper collaboration, submitting the same assignment for different classes (self-plagiarism); fabrication, forgery, alteration of documents, lying, etc...in order to obtain an academic advantage; assisting others in academic misconduct; attempting to commit academic misconduct; destruction of property, hacking, etc...; intimidation and interference with integrity process; and plagiarism. All students should review the Student's Guide to Academic Integrity at http://integrity.ou.edu/students_guide.html

Students and faculty each have responsibility for maintaining an appropriate learning environment. All students should review policies regarding student conduct at <http://studentconduct.ou.edu/>

Accommodation Statement

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

Adjustment for Pregnancy/Childbirth-Related Issues

Should you need modifications or adjustments to your course requirements because of documented pregnancy-related or childbirth-related issues, please contact me as soon as possible to discuss. Generally, modifications will be made where medically necessary and similar in scope to accommodations based on temporary disability. Please see <http://www.ou.edu/content/eoo/faqs/pregnancy-faqs.html>.

Title IX Resources

For any concerns regarding gender-based discrimination, sexual harassment, sexual misconduct, stalking, or intimate partner violence, the University offers a variety of resources, including advocates on-call 24/7, counseling services, mutual no-contact orders, scheduling adjustments, and disciplinary sanctions against the perpetrator. Please contact the Sexual Misconduct Office at smo@ou.edu or (405) 325-2215 (8-5), or the Sexual Assault Response Team at (405) 615 -0013 (24/7) to report an incident. To learn more about Title IX, please visit the Institutional Equity Office's website at <http://www.ou.edu/content/eoo.html>

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: <http://www.goou.ou.edu/>

INSTRUCTOR VITA

Jolene Ring, M.Ed.

Education

1980 Master's in Guidance and Counseling Psychology, University of Oklahoma

Current Positions

- Chief Operating Officer of Shadow Mountain Behavioral Health System
- Adjunct Assistant Professor, Department of Human Relations, University of Oklahoma, Norman, OK

Frequently Taught Advanced Programs Courses

- HR 5100 Counseling with Children
- HR 5153 Human Emotions
- HR 5083 Seminar in Group Dynamics
- HR 5113 Child Abuse and Neglect
- HR 5113 Anxiety Disorders
- HR 5113 Sexual Abuse
- HR 5433 Group Counseling
- HR 5093 Introduction to Graduate Studies in Human Relations
- HR 5163 Seminar in Non-Verbal Behavior in Human Relations

Major Areas of Teaching and Research Interest

- Therapeutic Issues with Children
- Attachment
- Clinical Interventions