



EXTENDED CAMPUS

COLLEGE of PROFESSIONAL
and CONTINUING STUDIES

HR 5693-102: Issues in Aging

Course Description:

The course is designed to acquaint the student with the interdisciplinary field of gerontology. The goal of the course will be to provide the student with the opportunity to explore current topics associated with the aging process. The goal will also be an examination of contemporary issues that impact individuals, families and society during the later years. Finally, the course will provide an overview of theory, policies and practices associated with aging and counseling with elderly clients.

Class Dates, Location and Hours:

Dates: July 27 – 29 & August 3 – 5, 2018
Location: OCCE, Norman, Oklahoma. Classes are held at the Thurman White Forum Building of OCCE, 1704 Asp Avenue.
Hours: Friday 5:30-9:30 p.m.; Saturday 8:30 a.m.-4:30 p.m.; Sunday 1:00-5:00 p.m.
Last day to enroll or drop without penalty: June 28, 2018

Site Director:

Email: apnorman@ou.edu. Phone: 405-325-3333.

Professor Contact Information:

Course Professor: Robert Moore MHR, LPC
Mailing Address: 120 McSha Place
Norman, Oklahoma 73072
Telephone Number: 405-650-6028
Email Address: Robert.M.Moore-2@ou.edu
Professor availability: The professor will be available via email to students before and after the class sessions. On-site office hours are by appointment.

Textbook(s) and Instructional Materials:

Student materials are available at the OU Follett Bookstore located at 1185 Asp Avenue; Norman, OK, and can be ordered online, by phone, by email, or by fax. Ordering online at <http://www.bkstr.com/oklahomastore/home> is strongly recommended – students can track the status of their order within 48 hours. If an order has not been shipped within three days, students can contact the Follett textbook manager by phone (405) 325-3511, (800) 522-0772 (toll-free) or email 0831mgr@fhg.follett.com. Phone orders (ask for the textbook manager and identify yourself as an Advanced Programs student) can be placed 8 a.m. to 6 p.m. Monday through Thursday; 8 a.m. to 5 p.m. on Friday; 10 a.m. to 4p.m. on Saturday (CST). Summer hours: 9 a.m. to 5 p.m. Monday through Friday (CST). Fax orders can be placed 24 hours a day at (405) 325-7770. Text prices are available online.

1. Cavanaugh; J.D. & Blanchard-Fields, F. (2015). *Adult development and aging* (7th ed.). Mason, OH: Cengage Learning. ISBN 9781285444918.
2. Materials posted on the OU Canvas learning management system: Access Canvas at <https://canvas.ou.edu>, enter your OU NetID and password, and select course to access material. If 2 you require assistance with Canvas, please click on the Help icon. You can search the Canvas guides, chat with Canvas support, or contact OU IT.

Note: Follett is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through Follett.

Course Objectives:

- To explain the stereotypical myths associated with aging.
- To discuss the current demographics of individuals 65 and older by ethnicity, gender and geographical location.
- To identify and discuss the current issues confronting the aging population, i.e., family relations, health care, sexuality, political policies, media presentation, and intergenerational opportunities.
- To integrate research and theory as a means of explanation for the approaches to problems experienced by seniors.
- To provide students with the opportunity to develop essential critical thinking, analytical skills and an understanding of the basic assumptions and belief systems underlying social perceptions and attitudes as they relate to ethical issues in aging and mental health of older adults.

Course Outline:

Weekend One:

- Introduction
- Class Presentations

Weekend Two:

- Interactive/Experiential Activities
- Final Test

Assignments, Grading and Due Dates:

All papers will be submitted through Canvas. Read the textbook prior to the first class session.

Initial Paper - Due Date: First Class [25 Points]:

This will be a **6 - 8-page** (not including cover page and references) APA-style paper (i.e., cover page, references, proper citations and formatting).

Arrange to interview a person 65years old or older. The person may be a family member, preferably not living with you, a family friend, a neighbor, a resident of an assisted living facility, etc. The interview should have an introduction of casual conversation explaining that you are a student taking a class in Issues in Aging. The interview should be lively and free of stress in order to make it effective and educational.

It is important to conduct the interview in person with the interviewee and in a conducive environment. However, if there is someone you would really like to interview and you absolutely have no chance of visiting with the person, then a telephone interview will be acceptable. Keep in mind that observing the person's body language is very important and a telephone interview may be difficult to hear (by the interviewee), also telephone time appears longer than what it really is, and the person may get tired, loose interest or become distracted.

Your paper should start with the demographic information introducing the person and an overview of the interview, followed by a summary of the themes or topics that you covered.

- What did you learn?
- Did anything surprise you?
- How did you feel during the interview?
- What changes (if any) have occurred in your perception of older adults?
- What did you think before?
- What do you think now about issues in aging in today's society?
- Would you say this person's life fits the theories of any other aging theory?

- Explain your point of understanding and give examples.

Conclusion: Conclude the assignment with a paragraph or two of your reaction to the interview, your assessment of how it was handled, what might you have done differently, what you learned, what would you remember the most of this experience.

Presentation - Due Date: First Weekend of Class [25 Points]:

Each student will develop a presentation of their initial paper to present to the class. Each of these will last approximately 10-20 minutes with a 10-minute feedback session (varying with the number of students in the class). Please provide a copy of the presentation for each member of the class (this can be done through handouts or through web/email/etc.).

Counseling Practice Session - Due Date: Anytime 2nd weekend [25 Points]:

During the second weekend, each student will conduct one or more (varying with the number of students in the class) counseling session(s) in a role play with other members of the class or a guest speaker utilizing their knowledge to assess, and address issues presented in the role play. Each of these will last approximately 10-20 minutes with a 10-minute feedback session (varying with the number of students in the class).

Comprehensive Final Test - Due Date: Last day of class [25 Points]:

On the last day of class there will be a multiple-choice test over the material covered in the textbook and in class. The test will contain fifty questions, with each question worth ½ point.

Grading:

This is a letter-graded course: A, B, C, D, or F. A = 90-100, B = 80-89, C = 70-79, D = 60-69, F = Below 60

Attendance is required for all classes because your ability to learn to be an effective counselor depends on being present to receive supervision and feedback from your instructor and peers.

For **unexcused** absences, the following reductions will apply:

- 3-4 hours absent – One letter grade
- 5-6 hours absent – Two letter grades
- 7 or more hours absent – Three letter grades

Note about late assignments:

Due to the number of students who have turned in assignments late in the past, I have had to institute the following policy: **Late Assignments will not be accepted without prior approval.** Total points for the assignment will be subtracted.

Notice: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution's policy regarding "I" (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any "I" (Incomplete) grades by the end of the term or he/she may be placed on "financial aid probation." If the "I" grade is not resolved/completed by the end of the following term, the student's Financial Aid may be suspended making the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Integrity and Student Conduct

Academic integrity means honesty and responsibility in scholarship. Academic assignments exist to help students learn; grades exist to show how fully this goal is attained. Therefore, all work and all grades should result from the student's own understanding and effort.

Academic misconduct is any act which improperly affects the evaluation of a student's academic performance or achievement. Misconduct occurs when the student either knows or reasonably should know that the act constitutes misconduct. Academic misconduct includes: cheating and using unauthorized materials on examinations and other assignments; improper collaboration, submitting the same assignment for different classes (self-plagiarism); fabrication, forgery, alteration of documents, lying, etc...in order to obtain an academic advantage; assisting others in academic misconduct; attempting to commit academic misconduct; destruction of property, hacking, etc...; intimidation and interference with integrity process; and plagiarism. All students should review the Student's Guide to Academic Integrity at http://integrity.ou.edu/students_guide.html

Students and faculty each have responsibility for maintaining an appropriate learning environment. All students should review policies regarding student conduct at <http://studentconduct.ou.edu/>

Accommodation Statement

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

Adjustment for Pregnancy/Childbirth-Related Issues

Should you need modifications or adjustments to your course requirements because of documented pregnancy-related or childbirth-related issues, please contact me as soon as possible to discuss. Generally, modifications will be made where medically necessary and similar in scope to accommodations based on temporary disability. Please see <http://www.ou.edu/content/eoo/faqs/pregnancy-faqs.html>.

Title IX Resources

For any concerns regarding gender-based discrimination, sexual harassment, sexual misconduct, stalking, or intimate partner violence, the University offers a variety of resources, including advocates on-call 24/7, counseling services, mutual no-contact orders, scheduling adjustments, and disciplinary sanctions against the perpetrator. Please contact the Sexual Misconduct Office at smo@ou.edu or (405) 325-2215 (8-5), or the Sexual Assault Response Team at (405) 615 -0013 (24/7) to report an incident. To learn more about Title IX, please visit the Institutional Equity Office's website at <http://www.ou.edu/content/eoo.html>

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: <http://www.goou.ou.edu/>

INSTRUCTOR VITA

Robert Moore MHR, LPC

Education

- Master of Human Relations, University of Oklahoma
- Bachelor of Science in Human Resources, Southern Nazarene University

Current Positions

- Adjunct Professor, University of Oklahoma, Human Relations, Norman, OK
- Licensed Professional Counselor and Supervisor, Norman Psychiatry, Norman, OK
- Licensed Professional Counselor and Supervisor, Red Road Counseling Service, Moore, OK
- Founder, Author and Director, My Body...My Life...Programs LLC, Norman, OK

Major Areas of Teaching and Research Interest

- Growth and Development
- Crisis Intervention
- Dating, Domestic and Gender Violence
- Cultural Diversity
- Juvenile Justice and Delinquency
- Marriage/Family Counseling

Representative Publications and Presentations

- Moore, R.M. (2012). *My Body...My Life...Instructor Manual: Empowering women through awareness, education, violence prevention and self-defense techniques*. Charleston, SC: CreateSpace.
- Moore, R.M. (2012). *My Body...My Life...Outline and Workbook: Empowering women through awareness, education, violence prevention and self-defense techniques*. Charleston, SC: CreateSpace.
- Moore, R.M. (2015). *My Body...My Life... Empowering women through awareness, education, violence prevention and self-defense techniques*. (2015 ed.). Charleston, SC: CreateSpace.
- Moore, R.M. (2015). *REAL Men: Relationship Education and Awareness for Life*. Charleston, SC: CreateSpace.

Representative Honors and Awards Received

- Oklahoma Community Policing Officer Award
- Oklahoma Crime Prevention Officer of the Year
- Oklahoma Gang Investigator of the Year
- 2013 National School Safety Award
- Oklahoma Governor's Commendation
- Oklahoma House of Representatives Citation
- 2013 Norman Human Rights Award

Major Professional Affiliations

Oklahoma Counseling Association