

The University of Oklahoma

College of Continuing Education

Advanced Programs – Course Syllabus

Course Title:

Marriage and Family Therapy

Course Number:

HR 5513-103

Course Description:

This course is an exploration of the major schools of couples relationship and family therapy practice. We will begin with a historical look at family counseling/therapy and its influential predecessors. Using the Becvar text as a guide, the course will review early models, then look at contemporary family therapy through the conceptual lenses of postmodern family therapies. We will have video demonstrations and employ role-playing and simulations to enhance our didactic sessions with experiential learning.

Class Dates, Location and Hours:

Dates: January 27-29 & February 3-5, 2017

Location: OCCE, Norman, Oklahoma. Classes are held at the Thurman White Forum Building of OCCE, 1704 Asp Avenue.

Hours: Friday 5:30-9:30 p.m.; Saturday 8:30 a.m.-4:30 p.m.; Sunday 1:00-5:00 p.m.

Last day to enroll or drop without penalty: December 29, 2016

Site Director:

Email: apnorman@ou.edu. Phone: 405-325-3333.

Professor Contact Information:

Course Professor: Marc Charney, Ph.D., LMFT, LPC

Mailing Address: 5116 N. Portland Avenue

OKC, OK 73112

Telephone Number: (405) 831-4466

E-mail Address: marccharneylmft@gmail.com

Professor availability: The professor will be available via e-mail to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.

Textbook(s) and Instructional Materials:

Student materials are available at the OU Follett Bookstore located at 1185 Asp Avenue; Norman, OK, and can be ordered online, by phone, by email, or by fax. Ordering online at <http://www.bkstr.com/oklahomastore/home> is strongly recommended – students can track the status of their order within 48 hours. If an order has not been shipped within three days, students can contact the Follett textbook manager by phone (405) 325-3511, (800) 522-0772 (toll-free) or email 0831mgr@fheg.follett.com. Phone orders (ask for the textbook manager and identify yourself as an Advanced Programs student) can be placed 8 a.m. to 6 p.m. Monday through Thursday; 8 a.m. to 5 p.m. on Friday; 10 a.m. to 4p.m. on Saturday (CST). Summer hours: 9 a.m. to 5 p.m. Monday through Friday (CST). Fax orders can be placed 24 hours a day at (405) 325-7770. Text prices are available online.

1. Becvar, D.S. & Becvar, R.J. (2012). *Family therapy: A systemic integration* (8th ed.) Old Tappan, N.J.: Pearson Education. ISBN 9780205168132.
2. Gottman, J.S. & Gottman, J.M. (2015). *10 principles for doing effective couples therapy*. New York, W.W. Norton. ISBN 9780393708356.

Note: Follett is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through Follett.

Course Objectives:

1. To co-create a learning environment in which students will become familiar with historical and contemporary ideas in marriage and family therapy practice.
2. Learners will be able to demonstrate knowledge of intimate human relationships, marital and family therapy models and approaches through writing, class discussions and experiential activities.

Course Outline:

The itinerary for the course will follow the chapters from the Becvar text. We will begin with introductions of ourselves and reflections on our intentions and hopes for this course and interests in becoming marital and family therapists. We will review the antecedents of family therapy thinking and practice and identify the persons who pioneered this profession. We will explore the major “schools” of family therapy and the knowledge and skills sets thought to be critical to professional practice.

Assignments, Grading and Due Dates:

Becvar Text Chapter Critiques:

Read and write a one to two page critique of each chapter of the Becvar & Becvar text. The critique is to be an evaluative essay about the ideas in the chapter. What ideas had value and meaning for you? What ideas did you resonate to? How did you personally relate to the ideas? How might you utilize these ideas in your personal and/or professional life? **Due January 27, 2017.** 30 percent of grade.

Family Model Paper:

Using one modern and one postmodern model of family therapy, write a five page paper describing your family of origin. Your paper must demonstrate appropriate application of the models to your family. For example one might use a structural family therapy model and narrative therapy model. Or one might use Bowen and language systems models. **Due February 5, 2017.** 30 percent of grade.

Review and Critique of Gottman Text:

Read and write a 5 page review and critique of Gottman & Gottmans’ book. . The critique is to be an evaluative essay about the ideas in the chapter. What ideas had value and meaning for you? What ideas did you resonate to? How did you personally relate to the ideas? How might you utilize these ideas in your personal and/or professional life? **Due February 19, 2017.** 30 percent of grade

Attendance:

10 percent of grade. 10 points for perfect attendance and being on time for each class session. 1 point deducted for lateness.

Please consider having a trusted peer proof read and critique your papers before submitting them.

Grading:

This is a letter-graded course: A, B, C, D, or F. 91-100: A; 90-81: B; 80-71: C

Assignment	Due Date	Percent of Grade
Becvar text chapter critiques	January 27, 2017	30%
Family model paper	February 5, 2017	30%
Review and critique of Gottman text	February 19, 2017	30%
Class attendance	During class sessions	10%

Notice: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution's policy regarding "I" (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any "I" (Incomplete) grades by the end of the term or he/she may be placed on "financial aid probation." If the "I" grade is not resolved/completed by the end of the following term, the student's Financial Aid may be suspended making the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Integrity and Student Conduct

Academic integrity means honesty and responsibility in scholarship. Academic assignments exist to help students learn; grades exist to show how fully this goal is attained. Therefore all work and all grades should result from the student's own understanding and effort.

Academic misconduct is any act which improperly affects the evaluation of a student's academic performance or achievement. Misconduct occurs when the student either knows or reasonably should know that the act constitutes misconduct. Academic misconduct includes: cheating and using unauthorized materials on examinations and other assignments; improper collaboration, submitting the same assignment for different classes (self-plagiarism); fabrication, forgery, alteration of documents, lying, etc...in order to obtain an academic advantage; assisting others in academic misconduct; attempting to commit academic misconduct; destruction of property, hacking, etc...; intimidation and interference with integrity process; and plagiarism. All students should review the Student's Guide to Academic Integrity at http://integrity.ou.edu/students_guide.html

Students and faculty each have responsibility for maintaining an appropriate learning environment. All students should review policies regarding student conduct at <http://studentconduct.ou.edu/>

Accommodation Statement

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

Adjustment for Pregnancy/Childbirth-Related Issues

Should you need modifications or adjustments to your course requirements because of documented pregnancy-related or childbirth-related issues, please contact me as soon as possible to discuss. Generally, modifications will be made where medically necessary and similar in scope to accommodations based on temporary disability. Please see <http://www.ou.edu/content/eoo/faqs/pregnancy-faqs.html>.

Title IX Resources

For any concerns regarding gender-based discrimination, sexual harassment, sexual misconduct, stalking, or intimate partner violence, the University offers a variety of resources, including advocates on-call 24/7, counseling services, mutual no-contact orders, scheduling adjustments, and disciplinary sanctions against the perpetrator. Please contact the Sexual Misconduct Office at smo@ou.edu or (405) 325-2215 (8-5), or the Sexual Assault Response Team at (405) 615 -0013 (24/7) to report an incident. To learn more about Title IX, please visit the Institutional Equity Office's website at <http://www.ou.edu/content/eoo.html>

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: <http://www.goou.ou.edu/>

INSTRUCTOR VITA

Marc L. Charney, Ph.D. LMFT, LPC

Education

- 1983 Ph.D., LMFT, LPC, Human Ecology/Social Sciences of Health Behavior, University of Oklahoma Health Sciences Center
- 1977 MPH in Human Ecology
- 1971 MA in Human Relations

Current Positions

- Private Practice: Family and Children's Consultants, Inc., Oklahoma City, OK
- Advanced Programs professor since 1972

Frequently Taught Advanced Programs Courses

- HR 5113 Narrative Metaphor in Human Relations Counseling
- HR 5110 Marital and Family Systems Assessment
- HR 5100 Group Counseling In Human Relations
- HR 5100 Ethical Issues in Human Relations Counseling
- HR 5100 Family Therapy, Concepts and Methods
- HR 5493 Assessment and Evaluation

Major Areas of Teaching and Research Interest

- Family therapy
- School-linked mental health services
- Infant and Childrens' Mental Health

Representative Publications and Presentations

- *Relational Ethics*. A series of workshops for professional counselors and therapists; Ethics from a narrative/relational perspective. 2005-2015
- *Supervision Redux*. A series of workshops for licensure (LPC, LMFT) supervisors; review of best practice standards 2005 -2015
- *Approved Supervisor Training*: A graduate equivalent course approved by the Board of Behavioral Health required to become an Approved Supervisor of LMFT and LPCs
- *Infant Mental Health*. A series of workshops on infant and child development, assessment, diagnostic conceptualization and intervention. 1997-98
- *Narrative Therapy*: A series of trainings in Narrative therapy practices. 2000-2015

Representative Honors and Awards Received

- Chair of the OAMFT Ethics Committee 2000
- Outstanding Faculty Member Award in Human Relations, 1990-91
- Outstanding Contributions in Human Relations Award, 1970-1995
- President, Oklahoma Play Therapy Association, 1998
- President, Oklahoma Association for Infant Mental Health, 1998

Major Professional Affiliations

American Association of Marriage and Family Therapists