

OACUBO Conference – March 25, 2021, 9:00 – 10:00 p.m.

Session Title: Mental Health in the Workplace

What Will You Learn:

- The current state of mental health
- What signs supervisors should look for
- Mental Health Issues due to working from home
- What resources are available
- What can supervisors do to be helpful

Who Should Attend:

- All business officers
- Supervisors
- All levels of management

Course Information:

- Prerequisites: None
- Advanced Preparation: None
- Level: Basic
- Type: Group internet-based training
- Length: 50 minutes

Meet the Presenter: Dr. Michael Brose

Michael Brose was born in Liberal, Kansas, and attended Oral Roberts University in Tulsa where he earned his bachelor's degree in social work in 1979. He attended the University of Kansas and graduated with an MSW in social work in 1980 before returning to Tulsa where he and his wife Maren have made their home since. Mike has worked extensively with individuals living with serious mental illness and their families. He has also worked in juvenile justice, medical social work, and geriatric mental health care. He served as the Director of Family Therapy at St. John Medical Center from 1987 to 1992. He became the director of the Mental Health Association Oklahoma in 1993 and served as the CEO there for 27 years, overseeing growth from five employees to almost two hundred as a statewide organization. He currently practices privately with individuals and families, consults, and volunteers in the community and across the state.

CPE Information:

- Estimated 1 CPE Credit
- Field of Study: Industry/Government
- Note: Each person must register individually to earn CPEs